

**Day 1 - October 28, Wednesday**

- 11:45 - 12:00** Introduction and Opening Remarks  
**Aynur Özge, Messoud Ashina**
- 12:00 - 13:30** **Session 1** (Each talk will be 15 minutes video presentation and 15 min live discussion)  
**Chairs: Stephan Evers, Betül Baykan**
- 12:00 - 12:30 Headache from PACAP Perspective  
**Messoud Ashina**
- 12:30 - 13:00 CGRPs Pathway Treatments and Beyond  
**Cristina Tassorelli**
- 13:00 - 13:30 Current Treatment Options for Trigemino-Autonomic Cephalalgias  
**Peter Goadsby**
- 13:30 - 13:45** Coffee Break – Virtual visit to Turkey
- 13:45 - 14:45** **Session 2** (Each talk will be 15 minutes video presentation and 5 min live discussion)  
**Chairs: Callixte Kuate, Betül Baykan**
- 13:45 - 14:05 Clinical assessment and diagnostic challenges in headache disorders  
**Peter Goadsby**
- 14:05 - 14:25 Possible diagnostic criteria for COVID-19 associated headaches during the pandemic  
**Betül Baykan**
- 14:25 - 14:45 Lessons from COVID-19: clues for headache mechanisms  
**Hayrunnisa Bolay**
- 14:45 - 15:00** Coffee Break
- 15:00 - 16:00** **Session 3** (Each talk will be 15 minutes video presentation and 5 min live discussion)  
**Chairs: Alan Rapoport, Najib Kissani**
- 15:00 - 15:20 Choosing the efficient acute treatment for migraine  
**Abubaker Abdul Rahman Shaffi Al Madani**
- 15:20 - 15:40 Choosing the right preventive treatment for migraine  
**Robert Cowan**
- 15:40 - 16:00 Challenges in management of chronic headaches  
**Stefan Evers**
- 16:05 - 16:15** Coffee Break
- 16:15 - 16:35** **Session 4** (15 min video presentation and 5 min live discussion)  
**Chair: Derya Uludüz, Zaza Katsarava**
- 16:15 - 16:35 Global Burden of Headache and Quality of Medical Care  
**Zaza Katsarava**
- 16:35 - 17:30** **Workshop 1** (Each talk will be 5 minutes video presentation, 5 minutes discussion)  
**Chair: Derya Uludüz, Zaza Katsarava**
- 16:35 - 17:30 Regional Challenges in Headache Disorder  
**Najib Kissani, Callixte Kuate, Otgonbayar Luvsannorov, Tadessa Seda, Yousuf Maiga**
- 17:30 - 18:00** **Satellite Session - I**  
**Chair: Aynur Özge**
- 17:30 - 18:00 Usage of Triple effect Combination (paracetamol, acetylsalicylic acid, caffeine) on Migraine Treatment  
**Hans Christoph Diener**



**Day 2 - October 29, Thursday**

- 11:00 - 11:30** **AIKO Presentation**  
Pain Rational Drug Use  
**Semih Ayta**
- 11:30 - 12:00** **Satellite Session - II**  
**Chair: Betül BAYKAN**  
Expert discussion: The burden of migraine and the unmet needs  
in treatment  
11:30 - 12:00 **Derya Uludüz, Pınar Yalınay Dikmen**
- 12:00 - 12:30** **Satellite Session -III**  
**Chair: Aynur Özge**  
Cervical Region Pain  
12:00 - 12:30 **İlknur Aktaş**
- 12:30 - 13:00** **Session 5** (15 minutes video presentation and 15 min live discussion)  
**Chairs: Robert Cowan; Necdet Karlı**  
Migraine acute attack management  
12:30 - 13:00 **Mustafa Ertaş**
- 13:00 - 14:00** **Session 6: Workshop-2: Interactive Case**  
(Each case presentation will be 10 minutes, 10 minutes discussion)  
**Chairs: Hussein Ansari, Callixte Kuate, Stefan Evers**  
Interactive Case discussions  
13:00 - 14:00 **Esme Ekizoğlu- Doğa Vurallı - Devrimsel Harika Ertem**
- 14:00 - 15:20** **Session 7** (Each talk will be 15 minutes video presentation and 5 min live discussion)  
**Chairs: Krishna Kumar Oli, Derya Uludüz**  
14:00 - 14:20 Practical approach to headache during pregnancy and puerperium  
**Fusun Mayda Domaç**  
14:20 - 14:40 Migraine and gut; bidirectional effect  
**Mansoureh Togha**  
14:40 - 15:00 Migraine and vascular co-morbidities  
**Derya Uludüz**  
15:00 - 15:20 Migraine related depression  
**Yared Mamushed**
- 15:20 - 15:40** Coffee Break – Virtual Visit to Turkey Museums
- 15:40 - 17:20** **Session 8** (Each talk will be 15 minutes video presentation and 5 min live discussion)  
**Chairs: Tadessa Seda, Fayyaz Ahmed**  
15:40 - 16:00 Practical approach to chronic migraine  
**Fayyaz Ahmed**  
16:00 - 16:20 Management of medication overuse headache  
**Ramez Reda Mustafa**  
16:20 - 16:40 Update on Trigeminal Neuralgia  
**Najib Kissani**  
16:40 - 17:00 Facial pain with focus on autoimmune disorder  
**Hossein Ansari**  
17:00 - 17:20 Clinical diagnostic approach to trigemino-autonomic cephalalgias  
**Esme Ekizoğlu**
- 17:20 - 17:40** Coffee Break



- 17:40 - 19:15**      **Oral Presentations** (5 minutes video presentation and 2 minutes live discussion)  
**Chairs: Füsün Mayda Domaç, Pınar Yalınay Dikmen, Mansureh Toga, Najib Kissani**
- 17:40 - 17:47 **OP 1** : Comparison of perceptions and beliefs related to headache of adolescents with episodic migraine diagnosed with Attention Deficit Hyperactivity Disorder and Generalized Anxiety Disorder  
**Gülen GÜLER AKSU**
- 17:47 - 17:54 **OP 2** : Risk Factor for White Matter Lesions Detected in Migraine Patients  
**Gülcan GÖÇMEZ YILMAZ**
- 17:54 - 18:01 **OP 3** : Prevalence Of Primary Headache And Factors Associated With It Among Rift Valley University Adama Campus students, 2019  
**Daniel G/TASDIK**
- 18:01 - 18:08 **OP 4** : Post Dural Puncture Headache Changes Headache Characteristics of Chronic Headache  
**Mesut BAKIR**
- 18:08 - 18:15 **OP 5** : Vitamin D3 might protect against inflammation in migraine: post hoc analysis of a randomized clinical trial  
**Zeinab GHORBANI**
- 18:15 - 18:22 **OP 6** : Are There Differences In Brain Microstructure In Migraine With And Without Aura: A Diffusion Tensor Imaging Study  
**Aygül TANTİK PAK**
- 18:22 - 18:29 **OP 7** : The Prevalence Of Migraine Comorbidity In Idiopathic Epilepsy Syndromes: The Preliminary Results Of A Multicenter Study Across Turkey  
**Arife Çimen Atalar**
- 18:29 - 18:36 **OP 8** : Servical And Ocular Vestibular-Brainstem Evoked Potentials In Vestibular Migraine And Classical Migraine  
**Samiye ULUTAŞ**
- 18:36 - 18:43 **OP 9** : The Prophylactic Effectiveness Of Transcranial Direct Current Stimulation In Migraine Patients In Relation To Allodynia: A Randomized Controlled Double-Blind Study  
**Tuba CERRAHOĞLU ŞİRİN**
- 18:43 - 18:50 **OP 10** : Headache In Patients With Chronic Obstructive Pulmonary Disease: Effects Of Pulmonary Function Parameters  
**Aysegül DEMİR**
- 18:50 - 18:57 **OP 11** : Sleep Quality is Poor in Patients with Chronic Migraine  
**Hamit Genç**
- 18:57 - 19:04 **OP 12** : The Relation Between Morning Headache and Obstructive Sleep Apnea  
**Füsün Mayda Domaç**
- 19:04 - 19:15 Questions and Answers
- 18:40 - 19:15**      **Live Turkish Music and Celebration of Turkish Republic Day**

**Day 3 - October 30, Friday**

<b>12:00 - 12:30</b>	<b>Satellite Session -IV</b> <b>Chair: Necdet Karli</b> Treatment Gap in Migraine
12:00 - 12:15	<b>Patricia Pozo Rosich</b> Local Approach to Disease Burden
12:15 - 12:30	<b>Necdet Karli</b>
<b>12:30 - 15:00</b>	<b>Session 9; Interventional treatment of headache disorders</b> (10 minutes video presentation and 5 min live discussion) <b>Chairs: Fayyaz Ahmed, Hossein Ensari, Ramez Reda Mustafa, Aynur Özge, Gül Köknel Talu, Pınar Yalınay Dikmen</b> Patient Selection and Drug Selection for Peripheral Nerve Blocks
12:30 - 12:45	<b>Gül Köknel Talu</b>
12:45 - 13:00	Peripheral nerve blocks GON, LON, SON, STN, Servikal Ganglion
13:00 - 13:15	<b>Ömer Karadaş</b>
13:15 - 13:30	Trigger Point Injections, SPG Blocks
13:30 - 13:45	<b>Tuğba Tunç</b>
13:45 - 14:00	Acupuncture
14:00 - 14:15	<b>Didem Akçalı, Cemal Çevik</b>
14:15 - 14:30	Onabotulinumtoxin A injections
14:30 - 14:45	<b>Derya Uludüz</b>
14:45 - 15:00	Neuromodulation procedures in refractory headaches
15:00 - 15:15	<b>Süleyman Özyalçın</b>
15:15 - 15:30	Questions and Answers
<b>14:15 - 14:30</b>	Coffee Break
<b>14:30 - 15:30</b>	<b>Session 10</b> (10 min video presentation and 5 min live discussion) <b>Chairs: Otgonbayar Luvsannorov, Ishaq Abu Arafah</b>
14:30 - 14:45	Headache in children and adolescence
14:45 - 15:00	<b>Ishaq Abu Arafah</b>
15:00 - 15:15	Update on headache related to intracranial pressure changes
15:15 - 15:30	<b>Henrik Sychtyz</b>
15:30 - 15:45	How to recognize and manage geriatric headache and cervical musculoskeletal pain
15:45 - 16:00	<b>Aynur Özge</b>
16:00 - 16:15	How to diagnose and treat vestibular migraine?
16:15 - 16:30	<b>Güliden Akdal</b>
<b>15:30 - 15:45</b>	Coffee Break



- 15:45 - 17:15**      **Oral presentations** (5 minutes video presentation and 2 minutes live discussion)  
**Chairs: Devrimsel Harika Ertem, Samiye Ulutaş, Derya Uludüz**
- 15:45 - 15:52      **OP 13** Primary Headache Associated with Sexual Activity  
**Buse Çağla Arı**
- 15:52 - 15:59      **OP 14** Comparison of the triggers in migraine versus epilepsy: A survey study in neurology outpatient clinics  
**E. Ur Özçelik**
- 15:59 - 16:06      **OP 15** Theory of Mind and Metacognitive Abilities in Migraine Patients  
**Esra Erkoç Ataoğlu**
- 16:06 - 16:13      **OP 16** Interstimulus Interval Change of Paired Somatosensory Stimulus on Cortical Evoked Potentials  
**Nermin Tepe**
- 16:13 - 16:20      **OP 17** Comparing the efficiency of treating chronic migraine patients with great occipital nerve (GON) block and GON block and trigger point injection (TPI) combination  
**Ceyla ATAÇ**
- 16:20 - 16:27      **OP 18** Occipital Neuralgia Secondary To Multiple Sclerosis: A Case Series And Literature Review  
**Devrimsel Harika Ertem**
- 16:27 - 16:34      **OP 19** Sulfotransferase Inhibitors in the Pathophysiology of Migraine  
**Doğa Vurallı**
- 16:34 - 16:41      **OP 20** Chronic Headache, Comorbidities, Lifestyle and Treatment modalities in an Adolescent Population  
**Tuğba Uyar CANKAY**
- 16:41 - 16:48      **OP 21** Effectiveness of Greater Occipital Nerve Blocks in Chronic Migraine  
**Esra Acıman Demirel**
- 16:48 - 16:55      **OP 22** The Reversibility of the Imaging Findings in Idiopathic Intracranial Hypertension  
**Şennur Delibaş Katı**
- 16:55 - 17:02      **OP 23** Validity And Reliability Of The Turkish Version Of The Mig-Scog Scale In Patients With Migraine  
**Burcu Polat**
- 17:02 - 17:09      **OP 24** Cognitive impairment assessment in migraine patients  
**Tuğçe Toptan**
- 17:09 - 17:16      **OP 25** Copy Number Variation and Expression of Chrna7 Gene in Migraine  
**Sırma GEYİK**
- 17:15 - 17:45**      Key Messages and Closing Remarks  
**Aynur Özge, Messoud Ashina, Zaza Katsarava**

**Day 4 - October 31, Saturday**

**BIO-PSYCHO-SOCIAL APPROACHES IN HEADACHE DISORDERS COURSE**

**THERAPY SESSION-October 31, 2020**

**Session I**

- 10:00 - 11:40** **Chairs: Yeşim BAKAR, (PT.PhD.Prof.)** (İzmir Bakırçay University, Dean of Faculty of Health Sciences)  
**H. Reyhan ÖZGÖBEK, (PT. PhD. Asst. Prof.)** (AÇSHB)  
Culture sensitive pain neuroscience education
- 10:00 - 10:20 **Ceren GÜRŞEN, (PT. PhD. Asst. Prof.) (Hacettepe University)**  
Connective tissue massage
- 10:20 - 10:40 **Serap ÖZGÜL (PT. PhD. Assoc. Prof.) (Hacettepe University)**  
Exercise and Pain- Myokines: Are they novel endocrine glands?
- 10:40 - 11:00 **Çetin DEMIRCAN (PT.Osteopath)**  
Neurophysiological effects of manualtherapy methods on pain
- 11:00 - 11:20 **Suat DÜLGER,(PT.,OMT.,cPNI,OST.)**
- 11:20 - 11:40 Discussion and evaluation

- 11:40 - 13:00** Coffee Break

**Session II**

- 13:00 - 14:40** **Chairs: Hülya ARIKAN, (PT. PhD. Prof.)** (Atılım University)  
**İlkiz ALTINOGLU DİKMEER** (PhD. Assoc.Prof.)(Clinical Psychologist)(Çankırı Karatekin Uni. )  
Application of physiotherapists to yoga exercises in headache
- 13:00 - 13:20 **Seda ULUSOY (MS.PT.)**  
Relaxation training and bodyawareness therapy
- 13:20 - 13:40 **Hamiyet YÜCE, (PT. PhD. Assoc. Prof.) ( Bandırma Onyedi Eylül University)**  
Neuromodulation procedures in refractory headaches
- 13:40 - 14:00 **Ozan Kayar (PhD.) (Clinical Psychologist) (Çankırı Karatekin University)**
- 14:00 - 14:20 Bio psychosocial approach  
**Uğur CAVLAK, (PT. PhD Prof.)**
- 11:20 - 11:40 Discussion and evaluation

- 11:40 - 13:00** Coffee Break

**Session III**

- 15:00 - 16:40** **Chairs: Nezire KÖSE, (PT . PhD Prof.)** (Hacettepe University)  
**Nilüfer ACAR TEK, (PhD .Prof.)** (Nutritionist) (Gazi Üniversitesi)  
Effects of different types of exercise on headache
- 15:00 - 15:20 **Sevil BİLGİN (PT. PhD. Assoc. Prof.) (Hacettepe University)**  
Electrotherapy use in headache
- 15:20 - 15:40 **Zeliha Özlem YÜRÜK (PT . PhD. Assoc. Prof.) (Başkent University)**  
Physiotherapy approaches in vestibular migraine
- 15:40 - 16:00 **Ayla FİL BALKAN (PT. PhD. Asst. Prof.) (Hacettepe University)**  
The importance of nutrition in headache
- 16:00 - 16:20 **Nilüfer ACAR TEK, (PhD. Prof.) (Nutritionist ) (Gazi Üniversitesi)**  
Field experience
- 16:20 - 16:40 **Mahmut ÇALIK (PT, MSc) (Üsküdar University)**
- 16:40 - 17:00 Discussion and evaluation